

Hello,

We are very pleased to welcome your family to our Bright Door Clinic, and we look forward to working closely with you and your child.

What to expect

In order provide the best practice clinical service and to assure an effective transition for your child, your initial sessions at our clinic will include the following:

1. Initial Interview – to take place in person, via telehealth or via phone.
Cost \$97.00
This 30-minute to 60-minute appointment allows you to meet with your child's therapist to share important initial information. Your child's therapist will ask questions pertaining to your child's history and will provide the opportunity for you to share concerns about your child's development and reasons for seeking therapy. We ask that you provide any supporting documentation including previous assessment reports or letters from relevant professionals prior to this appointment. Please note your child is not required to be present at this appointment.
2. Introductory Sessions – to take place face to face in clinic
Cost \$193.99 /session
Your child's initial session(s) with their therapist will involve activities that investigate your child's skills and abilities across targeted areas. These sessions will allow your child and their therapist to get to know one another and to build a rapport together. Your child's therapist will use these sessions to gain key information allowing them to make recommendations and plan goals to support your child appropriately.
3. Therapy Planning Meeting – to take place in person, via telehealth or via phone
Cost \$97.00
During this 30-minute appointment, your child's therapist will meet with you to share information that they have gathered during their initial sessions with your child. Using the information collected through initial sessions, your child's therapist will collaborate with you in creating relevant, functional goals for your child's therapy.



4. Therapy Plan – This is a writing session for your therapist
Cost \$193.99
Your child’s therapist will create a Therapy Plan outlining therapy goals for your child. This document will include key information that the therapist has gathered during initial sessions as well as the functional goals that you have collaborated with your therapist in identifying. This is a necessary document to proceed forward with therapy, as it allows your therapist to focus therapy sessions towards relevant goal areas, and to track your child’s progress toward achieving their goals.

Following these initial appointments your family and therapist will have collaboratively identified areas of need for your child and will have put in place a clear plan for moving forward. It typically takes 5 weeks to complete the above process, with therapy sessions with your child commencing typically on the 6th appointment.

We ask that you reach out to our clinic with any questions, and we very much look forward to partnering with your family to achieve extraordinary outcomes for your child.

Sincerely,

The Bright Door Team